



# Unitarian Universalist Fellowship of Newark

*A community of spiritual seekers inspired to promote a just and compassionate world*

## UUpdate December 13, 2019

### The Week Ahead

#### **Saturday, December 14**

5:00pm Play Rehearsal (M) 5-7pm

#### **Sunday, December 15**

9:15am Choir Practice (M)

9:15am UUFN Bistro (OB) 9:15-10:15am

10:30am Worship & Religious Education

11:30am RE Play & All Fellowship Holiday Party (M)

#### **Monday, December 16**

6:00pm Young Adult Mtg (B) 6-9pm

7:00pm Open Chalice Circle (OB) 7-9pm

#### **Tuesday, December 17**

10:00am Treasurer & Bookkeeper Office Hour (office) 10-11am

6:00pm Ukulele Group (OB) 6-7:30pm

#### **Wednesday, December 18**

9:00am Panera Coffee Group

5:00pm Worship Committee Mtg (B) 5-6:00pm

6:30pm Zen Meditation (TP) 6:30-8:15p

#### **Thursday, December 19**

3:00pm 3rd Thurs Afternoon Chalice Circle (OB)

7:00pm 3rd Thurs PM Chalice Circle (Closed) (OB)

#### **Friday, December 20**

7:15pm Book Bums (Off Site)

#### **Saturday, December 21**

10:00am Winter Solstice Svc (M) 7:30-8:30pm

#### **Sunday, December 22**

9:15am Choir Practice (M)

9:15am UUFN Bistro (OB) 9:15-10:15am

10:30am Worship & Religious Education

11:45am Social Justice Committee Mtg (OB) 11:45-12:45am

*Learn more at <http://uufn.org/calendar/>!*

## **Christmas Eve Service ~ Dec 24 at 7:00 pm**

### **Upcoming Services**

**Sunday, Dec 15, 10:30am — All the Whos down in Whoville**

#### **R.E. Children's Pageant**

Think you know the story of the Grinch? Maybe not. Come join our elementary class as they stage the play "How the Grinch Saved the Holidays!" followed by a Holiday Potluck and Party. Lunch main dish will be provided by the Kitchen and Fellowship Committees. Please bring a dish to share. Enjoy crafts, activities, carols, and more!

**Saturday, December 21, 2019, 7:00pm**

#### **Winter Solstice**

Denise Hartranft, Karen Barker

The Winter Solstice is a time of hibernation; a time of diving deep into our inner selves and taking time to rest and to dream. Celebrate the shortest day and longest night of the year with songs, readings, and candlelight.

**Sunday, December 22, 2019, 10:30am**

#### **Hanukkah & Christmas**

Rev. Don Garrett

The story of "Hershel and the Hanukkah Goblins" will anchor our celebration of these overlapping holidays with all the good cheer of the season.

## Share the Plate—December

December's Share the Plate recipient is New Start Adult Literacy Program. This program was founded in 1985. The program provides New Castle Co. adults with free instruction in speaking, reading and writing English. The classes are offered at Bear and Newark libraries, Red Lion Methodist church, and St. Joseph Catholic Church in Middletown.

### Celebrating the 2019 Holiday Season at UUFN

**Sunday, December 15**

**10:30 am ~ Children's Pageant**

Tis the season for the annual children's pageant! Always a highlight of the year this is not an event you want to miss! Think you know the story of the Grinch? Maybe not. Come join our elementary class as they stage the play "How the Grinch Saved the Holidays!" Let's all come out to cheer on our young UUs!

**11:30 am ~ Holiday Pot Luck Lunch and Party**

Bring your most festive and holiday-inspired dishes... or your healthiest hearty fare... or some of your famous holiday desserts! We will devour it all, then enjoy a variety of holiday crafts and caroling as we get into the holiday spirit. Not just a family event! Who doesn't love some time sharing a meal and decorating cookies or stringing popcorn, or making cards? This is a great time to bring a friend along for the day. Plan to stay long enough to help roll away the tables as we sing our favorite carols, maybe you'll get in good with St. Nick by helping load up the dishwasher or stack the chairs?

## **Saturday, December 21**

### **7:30 pm ~ Winter Solstice Celebration**

The Winter Solstice is a time of hibernation; a time of diving deep into our inner selves and taking time to rest and to dream. Celebrate the shortest day and the longest night of the year with songs, readings, and candlelight. Please bring a plate of goodies to share for the reception immediately following if you so wish.

## **Sunday, December 22**

### **10:30 am ~ Hanukkah & Christmas Sunday Service**

Reverend Don Garrett will lead us in an exploration of what these two holidays have in common. The story of “Hershel and the Hanukkah Goblins” will anchor our celebration of these overlapping holidays with all the good cheer of the season. If you have time join us for coffee and fellowship after the service.

## **Tuesday, December 24**

### **7:00 pm ~ Christmas Eve Service**

Come celebrate a UU Christmas together with Reverend Don Garrett. Share our special service of Unitarian Universalist lessons and carols, with readings from many traditions, experience the peace of a candle-lit singing of “Silent Night.”

## **Friday, December 27**

### **7:00 pm ~ Fourth Friday Game Night**

A monthly event at UUFN, the December 4th Friday Game Night is always a highlight as gamers bring the new board games they received as gifts during the holiday! Come out and join the fun! Find out more about this monthly event by visiting the 4th Friday Game Night Webpage.

**Sunday, December 29**

**10:30 am ~ Janus: Looking Back & Forward Sunday Service**

UUFN member Jane Luke will facilitate this interactive service where we will discuss our experiences over the last year and our hopes for 2020. As is our custom there will be an opportunity for coffee and conversation after the service.

**Tuesday, December 31**

**8:00 pm to 10:00 pm ~ New Year's Eve Labyrinth Walk**

Enjoy a peaceful, candle-lit Labyrinth Walk to end the old year and start the new year with love and gratitude. If the spirit moves you please bring some treats for our sharing space, in the Olympia Brown Room, to enjoy with others before or after your time experiencing the labyrinth.

### **Looking Ahead**

**Open Chalice Circle**

**Monday, December 16 ~ 7-9pm**

Chalice Circles are a great way to further spiritual growth as well as connect with others at a very deep level in a very short period of time. There will be an Open Chalice Circle, Monday, December 16, 2019 from 7 to 9pm. The theme for December is Awe. All are welcome. Please RSVP at [chalicecircles@uufn.org](mailto:chalicecircles@uufn.org) by 5pm, Sunday, December 15, and you will be sent the materials. You are welcome to come without RSVPing but in that case please be sure to be on time. If you have questions, please contact us at [chalicecircles@uufn.org](mailto:chalicecircles@uufn.org).

**White Christmas, Green Fellowship**

It is again the White Christmas Holiday event. When you get new toys, bring the Styrofoam to UUFN and we will recycle it. When you get new electronics, we can help recycle old

electronics. In January, Kip will be gone and needs some help in absentia. Please help the **Green Fellowship Team** members move this recycle to Fellowship Hall.

### **New Drumming Lessons for All**

You are interested in drumming but it never seems to happen. Here is your chance. Professional African Drummer and Dancer Janet Peck is willing to come to the UUFN for lessons. Time and dates have not been worked out. The cost could be as low as \$10. You must have a drum, (djembe African drum), borrowed or owned. All are welcome, men, women, and children who are old enough to work with adults. Interested? Contact Nancy Plummer at [plummern04@gmail.com](mailto:plummern04@gmail.com)

### **Religious Education Notes**

#### **Successful Fundraising**

Thank you to Barbara Hebner for her heroic (and very successful) efforts to raise money for the youth group trip to GA through jewelry sales.

Thanks to everyone who has had the youth come out to their home in exchange for donations, you have all been very generous. We apologize if we have not gotten to you yet. In an effort to help everyone with their projects the Young Adults will now be taking on the overflow. A large number of them would also like to attend GA this summer so we will be extending our fundraising opportunity to them. Continue to contact Juan or [dre@uufn.org](mailto:dre@uufn.org) with your requests and we will do our best to schedule you in a timely manner.

### **Looking Further Ahead**

#### **Women's Spirituality Group January 14**

#### **The healing power of smudging.**

Gather at 6:30, session starts at 7:30.

What is smudging? It is more than waving around a burning bundle of herbs. It is a cleansing ritual to purify your home, remove negative energy from your body, and to attract positive energy and bring peace into your life.

Learn about all of the many different herbs and crystals to use, learn about alternative ways to smudge without smoke, sound and feather smudging. When is the best time of day to smudge? Are there better times than others? You will go home with a smudge stick of your choice, if you wish.

For those of you who wish to stay until 8:30 we will smudge each other and smudge the UUFN. We will use smoke and non-smoke inside and out. So those who can't tolerate smoke will be safe. We will clear, empower, bless and produce positive energy for our spiritual home.

Blessed Be, Amen, Aho, Shalom, Namaste, Love.

**SAVE THE DATE! Saturday, January 18, 2020**

**Delaware Women's March, Originating at the UUFN**

**Parking Lot** 2020 is a very significant year: it's the centennial of when women were granted the right to vote; and it is an election year, when the power of our vote could change the trajectory of history. In rising to celebrate our own vote, women rise for equal voting rights for all. We hope you can lend a hand and your voice on January 18. Be on the lookout for more details.

**MLK Weekend Events**

**January 19 & 20**

UUFN has a special opportunity to partner with the Newark NAACP, the Newark United Church of Christ, St. John's UAME Church and other local faith and community groups, to present a meaningful series of events to celebrate the life and work of the Reverend Dr. Martin Luther King Jr. during MLK weekend in January.

### **Here is what we need:**

1. The names of volunteers who can commit to helping on Monday, January 20 at the George Wilson Center. This will involve moving tables, carrying boxes of food, checking in the guests, helping with parking and traffic, supplying hand-trucks, and other jobs as they become known.
2. Folks who can bring snacks, sweets, cheese and crackers, drinks, cups, napkins, plates, etc., to the worship celebration and reception on Sunday, January 19.

Email [socialjustice@uufn.org](mailto:socialjustice@uufn.org) to volunteer.

### **Conflict Transformation in Congregations Workshop March 7, 2020**

As part of our Long-Range Action Plan, the Long Range Action team has as one of our goals to provide training in compassionate communication and conflict resolution so that we improve our skills and ability to support each other and maintain a safe space for all, even in difficult situations. To that end the LRP is hoping to recruit several members to attend workshop on “Conflict Transformation in Congregations” on March 7, 2020 in Silver Spring MD being sponsored by the Central East Region (CER). As described by CER – “Conflict in congregations can be distressing and divisive, and people often want to avoid it at all costs. But what if conflict was actually something that could be healthy and beneficial? Rather than seeing conflict as something to be “resolved” or “managed,” what if we understood conflict to be an opportunity for mutual learning and deepening relationships?”

### **Grants approved by Endowment Committee**

The UUFN Endowment Committee is happy to announce the approval of funds for seven grant applications submitted in



November. Because moneys available were less than the total of all grant requests, some requests could not be fully funded, but all applications were approved. Grants were approved for the following committees: Religious Education, Communications, Property, and Long Range Planning

### **2020 Delaware Women's March**

SAVE THE DATE AND SPREAD THE WORD ABOUT THE 2020 DELAWARE WOMEN'S MARCH, Saturday, Jan. 18, 8:30 am-noon. Originates at UUFN parking lot. Details coming soon. To find out how you can help, see Karen Barker or Liz Carlisle.



## **2020 Delaware Women's March**

***Our vote, our voice.  
Celebrating 100  
years of suffrage***

**Saturday, Jan. 18, 2020  
9:00 am-noon**

**Unitarian Universalist  
Fellowship of Newark  
420 Willa Road  
Newark, Delaware**



***"We ask justice, we ask equality, we ask that all the civil and political rights that belong to citizens of the United States, be guaranteed to us and our daughters forever."***

**—Susan B. Anthony**