



Unitarian Universalist Fellowship of Newark

A community of spiritual seekers inspired to promote a just and compassionate world

UUpdate November 8, 2019

The Week Ahead

Saturday, November 9

9:00am Women's Retreat (entire campus) 9:00am-8pm

Sunday, November 10

9:15am Choir Practice (M)

9:15am UUFN Bistro (OB) 9:15-10:15am

9:45am Craft Fair Team mtg (F) 9:45-10:15am

10:30am Worship & Religious Education

11:30am 2nd Sunday Potluck

12:00pm UU101 (part 2) (F) 12-1:30pm

Monday, November 11

7:00pm Yoga with Dona Zingaro (W) 7-8pm

Tuesday, November 12

10:00am Treasurer & Bookkeeper Office Hour (office) 10-11am

1:00pm Helping Hand Committee Meeting (OB) 1-2:30pm

6:00pm White Fragility Dialogue (W) 6pm

6:30pm Women's Spirituality Group (OB & M) 6:30-9:00pm

Wednesday, November 13

9:00am Panera Coffee Group

1:30pm Pastoral Care Committee Meeting (B) 1:30-3:30pm

3:30pm Outrageous OWLS (OB) 3:30-5:30pm

6:30pm Zen Meditation (TP) 6:30-8:15p

6:45pm Board Meeting (B) 6:45-9 pm

7:00pm 2nd Weds Chalice Circle (OB)

Friday, November 15

7:15pm Book Bums (Off Site)

Saturday, November 16

3:00pm Craft Fair Set up (F&M) 3pm-5pm

Sunday, November 17

9:00am UUFN Craft Fair (F)9-2:30pm (M) 11:30-1pm
9:15am Choir Practice (M)
9:15am UUFN Bistro (OB) 9:15-10:15am
10:30am Worship & Religious Education

Learn more at <http://uufn.org/calendar/>!

Upcoming Services

November 10—Mindful Politics

Rev. Don Garrett

November 17—Living an Abundant Life

Rev. Karen Laughman

“Living an Abundant Life,” presented by Reverend Karen Laughman, Interfaith Minister and UUFN Friend. In this season of gratitude, Karen will explore what it means to live an abundant life from a spiritual perspective practicing spiritual principles including optimism, gratitude and generosity.

Share the Plate/ November

November’s Share the Plate recipient is the Lenape Tribe of Delaware, in honor of Native American Heritage Month. The Lenape Indian Tribe of DE represents the citizens of a Lenape Tribal Community concentrated in central Kent Co.

“Our mission is to protect the cultural identity of the Lenape people of DE through educational, social and cultural programs and to promote the physical and economic health of our citizens.”

Endowment Grant

What need(s) do you see at UUFN that you could fill with an Endowment Grant? Get details and apply for some of our \$5,700 at uufn.org/endowment-grants. Deadline: Nov. 15.

Thanks for reappearing vinyl tablecloths.

Any UUFN event is welcome to tablecloths any time. Just wipe off the vinyl ones with a Clorox wipe, launder the cloth ones if they are soiled, and return to a **hanger in the middle closet** in MacKinnon **labeled Fellowship**. The Memorial closet is not for general use. It takes a village. Peace.

Qualified Charitable Distributions

If you are 70½ or older and have an Individual Retirement Account (IRA), you may be familiar with the option to donate through a Qualified Charitable Distribution (QCD), also referred to as an IRA Charitable Rollover. A QCD may make sense for you as a way to support UUFN while maintaining tax advantages.

Consider these factors when deciding whether a QCD would be right for you:

1. The IRS allows donors 70½ or older to transfer up to \$100,000 directly from their IRA to charity each calendar year.
2. A QCD can be used to meet all or part of your yearly IRA required minimum distribution.
3. You pay no income tax on amounts you donate using a QCD. The transfer generates neither taxable income nor a tax deduction, so you can benefit even if you do not itemize deductions on your tax return.
4. You can use a QCD to make an outright gift to UUFN or to make a payment on an existing pledge.

For information on how to make a gift from your IRA, contact Glen Schmiesing at treasurer@uufn.org.

UUFN Discussion Facebook Group

Please note that the unofficial UUFN Discussion Facebook Group that was set up by Jan Owens is now closed. We hope to set up an official group on Facebook in the future. Meanwhile, you can visit and like the UUFN Facebook Page.

<https://www.facebook.com/UUFN.org/>

Upcoming UUFN Events

Part 2, UU101 Orientation Class

Sunday, November 10, noon–1:30pm

UU101 is an orientation to UUFN, its programs, and to our Unitarian Universalist roots, theology and principles. All are welcome. Light refreshments will be provided. Contact Diana Guinnup at membership@uufn.org or 302-328-8111. Childcare may be available but MUST be arranged in advance thru Andrea Harding at andrea4620@hotmail.com.

Women's Spirituality Group - Labyrinth Experience

Nov 12, Conversation at 6:30pm, Session starts at 7:00pm

The labyrinth is an ancient and powerful tool for meditation, contemplation, receiving insight, calming and centering. Learn about the history of labyrinths and types of labyrinths, and then have an opportunity for a peaceful and beautiful candle-lit labyrinth walk.



2019 UUFN 26th Annual Holiday Craft Fair

Sunday, Nov. 17th 11:30am-2pm – Multiple vendors will be displaying their works for purchase. A simple lunch of soup & bread will be available for a \$5-or-more donation. Come out and get a head start on handmade Christmas gifts.

***Do you want to help?** For more information contact: Kay Elizabeth at kay.elizabeth222@gmail.com or Guat-Lian Kreamer at stillrabbitclan@gmail.com.*



Open Chalice Circle

Monday, Nov. 25, 7-9pm

Chalice Circles are a great way to connect with others at a very deep level in a very short period of time. There will be an Open Chalice Circle, Monday, November 25, 2019 from 7 to 9pm. The theme for November is Attention All are welcome. Please RSVP at chalicecircles@uufn.org by 5pm, Sunday, November 24 and you will be sent the materials. You are welcome to come without RSVPing but in that case please be sure to be on time. If you have questions, please contact us at chalicecircles@uufn.org.

Religious Education Notes

Jewelry Fundraising Sale: Barbara Hebner and the YoUth GroUp will be selling jewelry Sundays in November during coffee hour. All proceeds will go to the YoUth GroUp fund for a trip to General Assembly next summer. Thanks for your support.

Chef Boyardee Meal Collection

The Lower Elementary will be assembling go bags for the Newark Empowerment Center on November 24th. Please donate Microwaveable Chef Boyardee meals in the box at the front of Walden Lounge. Thanks for your help.

yoUUth groUUp Holiday Food Collection!!!

The UUFN yoUUth groUUp will be collecting all non-perishable food items on Sundays November 17, 24, December 1 and 8 for the Newark Area Welfare Committee's annual Holiday Food Box Program. Please support our youth in their efforts to help people in need right here in Newark by bringing your food items to UUFN!

OWL Teacher Training

Elementary OWL teacher training

Cherry Hill NJ Dec 6-8!

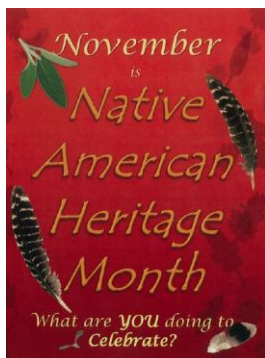
If you are interested in taking this training UUFN will pay for your registration. Please let Andrea know by November 15th in time for a grant application. Questions? dre@uufn.org

<https://www.uua.org/central-east/events/region/elementary-our-whole-lives-training-nj-1219>

Social Justice News

Join the Conversations Around Racism & White Fragility:

Social Justice will host the YWCA's dialogue on the book *White Fragility: Why it's So Hard for White People to Talk About Racism*, by Robin DiAngelo. Sessions will be Tuesdays, Oct. 2-Nov. 20, 6-8 pm in Walden. Sign up at www.ywcade.org/dialogue2action. Or see Liz Carlisle.



Want to become involved in the important work of the Social Justice Committee?

Come to our meetings on the fourth Sunday of the month at 11:45 in the Olympia Brown Room. November's meeting is on the 24th.

Join us!

Liz Carlisle and Karen Barker,
Social Justice Team Co-Chairs

How will you celebrate National Native American Heritage Month?

1:30 – 3:30 Pm

Sunday, Nov. 10, 2019

RSVP 302.368.4655

Roots of Injustice Seeds of Change

at

Saint Nicholas Church

10 Old Newark Road Newark DE 19713



*This 2 hour workshop is for anyone learning to
Repudiating the Doctrine of Discovery
Implementing the UN Declaration of the Rights of Indigenous People
And working toward right relationships with Native People.*
