



Unitarian Universalist Fellowship of Newark

A community of spiritual seekers inspired to promote a just and compassionate world

UUpdate October 4, 2019

The Week Ahead

Sunday, October 6

- 9:15am Choir Practice (M)
- 9:15am UUFN Bistro (OB) 9:15-10:15am
- 10:30am Worship & Religious Education
- 11:45am Welcoming Congregation Renewal (O) 11:45-12:30pm
- 4:30pm Youth Group (OB) 4:30-6pm

Monday, October 7

- 8:30am Exp Amer (private) (B) 8:30am-12:45pm
- 6:30pm LDC (B) 6:30-7:30pm
- 7:00pm Yoga with Dona Zingaro (W) 7-8pm

Tuesday, October 8

- 10:00am Treasurer & Bookkeeper Office Hour (office) 10-11am
- 1:00pm Helping Hand Committee Meeting (OB) 1-2:30pm
- 6:00pm White Fragility Dialogue (W) 6pm
- 6:30pm Women's Spirituality Group (OB) 6:30-9:00pm

Wednesday, October 9

- 9:00am Panera Coffee Group
- 1:30pm Pastoral Care Committee Meeting (B) 1:30-3:30pm
- 3:30pm Outrageous OWLS (OB) 3:30-5:30pm
- 6:30pm Zen Meditation (TP) 6:30-8:15p
- 6:30pm Transforming Hearts Program (OFFSITE) 6:30-8pm
- 6:30pm Food For Life (rental) (W)
- 6:45pm Board Meeting (B) 6:45-9 pm

Sunday, October 13

- 9:15am Choir Practice (M)
- 9:15am UUFN Bistro (OB) 9:15-10:15am
- 10:30am Worship & Religious Education
- 11:30am 2nd Sunday Potluck
- 12:00pm **Fall Congregational Mtg (M) 12pm-1:30pm**

Upcoming Services

October 6 –Youth Group

Our UUFN Youth Group went to War, West Virginia this summer and demonstrated their desire to serve the greater community. They will share their experiences and thoughts on being part of a community that values service.

October 13 – Essential Spirituality

Rev. Don Garrett

We'll explore the commonalities among spiritual paths.

Share the Plate/ October

Big Creek People in Action Inc. was founded in 1990 by citizens of McDowell Co., WVA. This nonprofit org. has been serving the the community in the realms of education and literacy, leadership development, housing, volunteer services, arts and culture. They worked with the UUFN Youth group on their service trip to WVA.

Green UUFN Pledge

Last Sunday, at Connect and Serve, twenty nine people signed the “Green UUFN Pledge,”

- Turn off the lights when you leave
- Close windows and doors (the crank-out windows get forgotten sometimes)
- Use washable dishes/cups or the cutlery
- Separate recycle and put into the blue containers.

We can all do this!

UUFN Lunch Bunch

Tuesday, October 15th at 12:30 PM

Cafe Pomodoro, Shops of Limestone

for alfresco dining on a shaded garden terrace.

(Contact Barbara Jezl for reservations and ride-sharing options)

Scholarships Available for Delmarva Cluster Event

Beth Rausch's Delmarva Cluster event on Saturday, October 19 has a number of leadership-related workshops for lay leaders.

Leadership Development Committee can provide need-based scholarships so that the registration fee is not an impediment.

Further details and online registration are at the UUFN website.

Email Jeff Ramberg (jeff.ramberg@gmail.com) if interested in a scholarship.

Social Justice Events

SOCIAL JUSTICE NEWS

Join the Conversations Around Racism & White Fragility:

Social Justice will host the YWCA's dialogue on the book *White Fragility: Why it's So Hard for White People to Talk About Racism*, by Robin DiAngelo. Sessions will be Tuesdays, Oct. 2-Nov. 20, 6-8 pm in Walden. Sign up at

www.ywcade.org/dialogue2action. Or see Liz Carlisle.

Welcoming Congregation Recertification: The *Transforming Hearts Collective's* six-week series on transgender inclusion in congregations began Sept. 25 at the UCC. The first three sessions (9/25, 10/2, 10/9) are at UCC; the next three (10/16, 10/23, 10/30) at UUFN. Lectures are pre-recorded so if you can't get to a session, you can view them at another time. Plus, the facilitators hold regular live video chats for participants. For more info or to register, contact Jan Owens at welcoming@uufn.org.

UUFN Wins NAACP Award—Celebrate with Us! UUFN is honored to receive Jane and Littleton Mitchell Award, which is given annually by the Newark NAACP to a group or organization that exemplifies commitment to the community. The award will be presented on Sunday afternoon, October 20 at the NAACP's Freedom Fund Dinner. To purchase tickets at the UUFN table, contact Glen Schmiesing.

Upcoming UUFN Events

October 8, 2019 The UUFN Women's Spirituality Group—

New Year/New Beginnings – Shari Preston & Deb Morris

The UUFN Women's Spirituality group meets on the second Tuesday evening of each month. Participants explore a variety of different spiritual practices with a diverse group of warm, engaged, and thoughtful women. Please join us

2-Part UU101 Orientation Class Sunday, October 27, noon–1:30 & Sunday, November 10, noon–1:30pm

UU101 is an orientation to UUFN, its programs, and to our Unitarian Universalist roots, theology and principles. All are welcome.

Light refreshments will be provided. Contact Diana Guinnup at membership@uufn.org or 302-328-8111. Childcare may be available but MUST be arranged in advance thru Andrea Harding at andrea4620@hotmail.com.

\$\$\$ Endowment Grants \$\$\$ It's time again to play "Get that grant!" The Endowment Committee has money to share, if you – via a UUFN Committee – will just apply for it! Go to the UUFN website, Search "Endowment," then get the details and link to the application form. We are waiting to know how you want to spend our money!

Consider Being President-Elect Now—before the October Congregational Meeting! Contact Karen Barker, Past-President for more.)

Religious Education Notes

YoUth GroUp will help YoU! The YoUth GroUp is going to GA! They are willing to help you with **home/yard work projects** in exchange for donations to our trip fund. No high skill labor but we can help with raking, mowing grass, pulling weeds, lifting heavy objects, and more! The YoUth GroUp can commit to two hours of work at a time and days available are Saturdays and Sundays! If you would like to get more information or set up a possible day for their services contact Juan Avalos at 706-612-8767 or juan.avalos45@gmail.com.

Young Adults Group (18-32) Are you out of high school and looking for friends who share your liberal beliefs? Join our group of young adults (18-32). We meet twice a month to share a meal, have a supportive check-in and discuss various topics from spirituality to politics. All are welcome! To find the date and location of the next meeting contact dre@uufn.org.

