



# Unitarian Universalist Fellowship of Newark

*A community of spiritual seekers inspired to promote a just and compassionate world*

## UUpdate September 20, 2019

### The Week Ahead

#### **Friday, September 20**

7:15pm Book Bums (Off Site)

#### **Sunday, September 22**

9:15am Choir Practice (M)

9:15am UUFN Bistro (OB) 9:15-10:15am

10:30am Worship & Religious Education

11:45am Social Justice Committee Mtg (OB) 11:45-12:45am

#### **Monday, September 23**

7:00pm Labyrinth Walk for Peace (M) 7-8pm

7:00pm Yoga with Dona Zingaro (W) 7-8pm

#### **Tuesday, September 24**

10:00am Treasurer & Bookkeeper Office Hour (office) 10-11am

#### **Wednesday, September 25**

9:00am Panera Coffee Group

6:00pm Zen Meditation for Peace (M) 6-9pm

6:30pm Transforming Hearts (offsite--see blurb on next pages)

6:30pm Food For Life (rental) (W)

#### **Thursday, September 26**

9:00am Hope Dining Room(offsite)9-1p

6:00pm Immigration Forum for Peace (M) 6-9pm

#### **Friday, September 27**

6:00pm 4th Friday Game Night (M-as available) 6-9pm

#### **Sunday, September 29**

9:15am Choir Practice (M)

9:15am UUFN Bistro (OB) 9:15-10:15am

10:30am Worship & Religious Education

11:45am Connect and Serve Event (M) 11:45-1:00pm

*Learn more at <http://uufn.org/calendar/>!*

## Upcoming Services

**Sunday, September 22--Yom Kippur & Abraham**

**Rev. Don Garrett**

We'll acknowledge the Jewish holiday of remembrance and forgiveness and consider the Abrahamic roots of hospitality.

**Sunday, September 29--Cultivating a Culture of Service  
Long Range Planning Committee**

"Through service, not only do we play our part in healing our broken world, but we also find the opportunity to grow our own faith and spirituality, and to enhance our relationships with others." –*Unitarian Universalist Church of Delaware County*

**September Share-the-Plate is Planned Parenthood**

## Social Justice Events

**Global Climate Strike on Friday, Sept 20, from 1-3 PM.** The Sierra Club of Delaware is helping the students at UD organize the state's largest climate strike in coordination with the Global Climate Strike on Friday, Sept 20, from 1-3 PM. Meet on the UD central green to protest for climate action. Bring signs and let your voice be heard!

*Peace Week*

**DELAWARE**

**September 21–29, 2019**



## Upcoming Peace Week activities

### **Community Collections—To Sept 30**

**Syrian Refugees:** Help the millions of refugees displaced by the war in Syria. Items needed: Bedding, new socks & underwear, school supplies, heavy-duty shoes, hygiene items, first aid supplies, educational toys, easy books, sewing machines and supplies, non-perishable food items, clothing (laundered).

**Change the Cycle Menstrual Products.** Tampons, pads, panty liners and cups—items that can't be purchased with food stamps or WIC—will help poor women in our community maintain their personal hygiene, health, and dignity.

**Labyrinth Walk for Peace—Monday, Sept. 23. 7-8 pm.** Sponsored by the Labyrinth Committee.

Experience the peace and inspiration that can come from walking a labyrinth.

**Peace Meditation—Wednesday, Sept. 25, 6-9 pm.** Sponsored by the Zen Meditation Group. Participants can seek the peace in their hearts that is the source for peace in the world.

## More Social Justice Events

### **Transgender Inclusion in Congregations**

**Presented by the Transforming Hearts Collective**



This free, six-week online program will be cosponsored by the United Church of Christ and the UUFN Welcoming Congregation

Committee on Wednesdays, Sept. 25-Oct. 30 6:30-8:00 pm. Explore the intersection of trans identity, spirituality, and faith community and gain the grounding, context, and skills to transform yourself and your congregation. Lectures are pre-recorded so that you can view them at any time. In addition, the

facilitators will hold regular live video chats for participants. The first 3 sessions will be at UCC, the next 3 at UUFN. For more information or to register, contact Jan Owens at [welcoming@uufn.org](mailto:welcoming@uufn.org).

**Dialogue to Action: Conversations Around Racism & White Fragility. Tuesday evenings, Oct. 2-Nov. 20, 6-8 pm** The Social Justice Team is hosting the YWCA's dialogue on the book *White Fragility: Why it's So Hard for White People to Talk About Racism*, by Robin DiAngelo. Sessions will be on Tuesday evenings, Oct. 2-Nov. 20, 6-8 pm in Walden Lounge. Sign up today at [www.ywcade.org/dialogue2action](http://www.ywcade.org/dialogue2action).

**UUFN Wins NAACP Award:** The Newark NAACP has named UUFN as the recipient of the Jane and Littleton Mitchell Award, which is given annually to a group or organization that exemplifies commitment to the community. The award will be presented on Sunday afternoon, October 20 at the NAACP's Freedom Fund Dinner. To purchase tickets at the UUFN table, contact Glen Schmiesing.

### **Upcoming UUFN Events**

**An Inside Look at Immigration at the Local Level—Thursday, September 26, 5:30-8pm.** Presented by Erika Gutierrez. Open your senses and understand what we know and don't know about immigration and our direct connection to it all. Featuring music, arts, and a panel of speakers, the evening will celebrate the important impact of immigrants and what their contributions mean.

**Sunday, September 29<sup>th</sup> – Pledge to Connect and Serve** Just as members and friends we pledge our financial support of the UUFN with our annual Stewardship drive in the Spring, this Fall we are having a Pledge to Connect and Serve Sunday. Join us on

Sunday, September 29th to explore the many ways you can connect and contribute your time to support yourself and the UUFN. Light snacks/refreshments will be available.

**October 8, 2019 The UUFN Women's Spirituality Group—**  
New Year/New Beginnings – Shari Preston & Deb Morris  
The UUFN Women's Spirituality group meets on the second Tuesday evening of each month. Participants explore a variety of different spiritual practices with a diverse group of warm, engaged, and thoughtful women. Please join us

**\$\$\$ Endowment Grants \$\$\$** It's time again to play "Get that grant!" The Endowment Committee has money to share, if you – via a UUFN Committee – will just apply for it! Go to the UUFN website, Search "Endowment," then get the details and link to the application form. We are waiting to know how you want to spend our money!

**Consider Being President-Elect Now**—before the October Congregational Meeting! Contact Karen Barker, Past-President for more.)

**Chalice Circle Enrollment in September** Chalice Circles are a form of small group worship and are also a great way to get to know people on a deep level in a very short time. In September we will be enrolling for the 2019-20 Chalice Circle program. To enroll, stop by the Circle table in Fahs Hall at coffee hour and fill out a schedule of when you can meet or contact [chalicecircles@uufn.org](mailto:chalicecircles@uufn.org) to enroll or ask questions.

### **Religious Education Notes**

**Adams Cassinga , Sunday, September 22** Be sure to visit Adams's table during coffee hour this Sunday. He and the children will be making fried plantains during RE and sharing them along

with videos of his work at Conserve Congo. Let's give him a warm UUFN welcome.

**YoUth GroUp will help YoU!** The YoUth GroUp is going to GA! They are willing to help you with **home/yard work projects** in exchange for donations to our trip fund. No high skill labor but we can help with raking, mowing grass, pulling weeds, lifting heavy objects, and more! The YoUth GroUp can commit to two hours of work at a time and days available are Saturdays and Sundays! If you would like to get more information or set up a possible day for their services contact Juan Avalos at 706-612-8767 or [juan.avalos45@gmail.com](mailto:juan.avalos45@gmail.com).

**Young Adults Group (18-32)** Are you out of high school and looking for friends who share your liberal beliefs? Join our group of young adults (18-32). We meet twice a month to share a meal, have a supportive check-in and discuss various topics from spirituality to politics. All are welcome! To find the date and location of the next meeting contact [dre@uufn.org](mailto:dre@uufn.org).

### **Fellowship Activity**

**4<sup>th</sup> Friday Game Night !! – September 27, 6pm**

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