



Unitarian Universalist Fellowship of Newark

A community of spiritual seekers inspired to promote a just and compassionate world

UUpdate June 28, 2019

President's Message

As I step into my first month as your UUFN President, I want to encourage you to get (even more) involved with UUFN leadership. Who are our leaders? It's not THEM, it's US.

Everyone who serves on a committee, everyone who greets you at the door, everyone who sets up the coffee and the chairs, everyone who maintains the building, everyone who teaches our children, everyone who organizes the potlucks you get the idea. All of these people, including you, are part of the UUFN lay leadership.

Another dimension of leadership came up during a Chalice Circle. This is the first year I participated in our monthly Chalice Circle program. It's a bit outside my comfort zone, but I was encouraged to attend and I have enjoyed it. May's topic was Curiosity. The optional activity was to take a quiz: <https://ideas.ted.com/quiz-which-ted-talk-are-you/>

One question on the quiz was, "Which of the following superheroes would you most like to be?" Of the available choices, my answer was: The Sensei: You can put your hand on a person's forehead and make them sense their life's purpose.

After completing the quiz, my resultant Ted Talk was "How to build and rebuild trust". Interesting and relevant. The introductory sentence about that Ted Talk was "You're interested in leadership not because of the status but because leading is a way of creating an organization where other people can thrive." How true for me!

So my hope for this year is that I can help further create UUFN as an organization where you can thrive.

A special welcome to our new Minister, Don Garrett and to all of the new people reading this message!

In fellowship,
Carol Boncelet

**No Connections newsletter in July or August.
Update continues.**

The Week Ahead

Friday, June 28

3:00pm Set up rooms for Heritage Celebration (Campus)

6:00pm 4th Friday Game Night (W) 6-9pm

Saturday, June 29

11:00am Ethnic Cultural Heritage Celebration 11am-4pm

Sunday, June 30

9:15am UUFN Bistro (OB) 9:15-10:15am

10:30am Worship & Religious Education

Monday, July 1

6:30pm LDC (B) 6:30-7:30pm

7:00pm Yoga with Dona Zingaro (W) 7-8pm

Tuesday, July 2

6:00pm Ukulele Group (OB) 6 - 7:30pm

Wednesday, July 3

9:00am Panera Coffee Group

4:30pm Minister SRST meeting (B) 4:30-6pm

5:30pm Food for Life Nutrition Workshop Series (M) 5:30-7pm

6:30pm Zen Meditation (TP) 6:30-8:15p

Upcoming Service

June 30 Worship Service

Veteran Suicide and the Mind-Body-Spirit Connection

Reverend T. C. Davis of the Interfaith Veterans Workgroup will present this timely service.

10:30 Sunday Worship Time to Continue Next Year - In July 2018 the UUFN Board decided to change the Sunday Worship time from 10:00am to 10:30 for a one year trial period. Early in June 2019 the Board decided to continue the 10:30 time. It considered both the preferences of the members (using polls) as well as the needs of the RE program and our new minister.

This Week's Events

Food for Life Kickstarter Nutrition Classes – Food for Life Nutritional and Cooking Classes; began June 19 and is continuing on Wednesdays, June 26 and **July 3, 10, and 17** from 5:30 – 7:00 in McKinnon Hall. The class is free, but a \$10.00 donation is requested (but not required) to cover the cost of food and supplies. Please register at: www.runsonplantsrd.com/book-now or call Karen at 302-383-9713.



We need volunteers for food for the upcoming 2nd Annual Ethnic Cultural Heritage Celebration. We would like people to pick up supplies. Assemble sandwiches the day before event on 6/28. On 6/29 set up, serve, help with clean up. Please contact Emily Van Vlack.

2ND ANNUAL ETHNIC CULTURAL HERITAGE CELEBRATION ON SATURDAY, JUNE 29, 2019 from 11am-4pm – Join us to celebrate the diversity of cultures in Delaware during Immigrant Heritage Month with family friendly activities and performances! Volunteers needed! Contact Nina pumkenpy@aol.com or Guat-Lian stillrabbitclan@gmail.com

Upcoming Events

Open Chalice Circle

Monday, July 15th, 7-9pm. The theme is Vision. Please send RSVPs by 5pm, Sun. 7/14 to chalicecircles@uufn.org. If you come without having done an RSVP, please be sure to be on time.

UUFN Lunch Bunch

July 16th 2019 12:30 PM Chesapeake Inn, Chesapeake. • Contact Barbara Jezl for reservations and to connect with other attendees from your area.

Social Justice Events

Join the YWCA's Dialogue-to-Action conversation on White Privilege. These one-time facilitated conversations will provide a strong foundation for the Y's fall series on white privilege. **Register** at www.ywcade.org/white-privilege for one of these dates: **June 26, July 17, Aug. 15 from 6-8:30 pm;** or **Aug. 25 from 2-4:30 pm.** Locations vary—the Aug. 25 conversation is at UUFN.

Volunteer for Newark NAACP event, “Celebrating the History of the School Hill Community,” **at the George Wilson Center Sat., Aug. 31 from 1-6 pm** Tasks include set up, tear down and clean up; helping with children's activities; and more. Contact socialjustice@uufn.org for more info.

Get ready for Peace Week Delaware, Sept. 21-28.

Kickoff is Sat., Sept 21, 4-6 PM at Warner Elementary in Wilmington. UUFN events include a Labyrinth Walk for Peace, Zen Meditation for Peace, launch of a program on transgender inclusion in congregations (with the the UCC); others TBA. Learn more at <http://www.peaceweekdelaware.org>



The UUFN Safety Team is up & running. Those who have joined in have been enthusiastically working to upgrade the overall safety and security of our home. But there is room for you and anyone who might be interested! If you have knowledge or skills in any aspects of site security or safety, please let us know. WE WOULD LOVE TO HEAR FROM YOU! Email the Operations Admin, Leidy Guerrero at officeadmin@uufn.org; Title the email: Safety Team. ***UUFN will be receiving onsite ALICE training from the City of Newark Police Department. There will be more information, soon to come.***

UUMAC Family Camp July 7-13 UUMAC residential family camp for UUs, including YOU! Loved by kids of all ages, this is a peak life experience for those who have attended. No kidding! Located on a college campus in Eastern PA, **someone else cooks AND cleans: vegan, vegetarian, omnivore.** See www.uumac.org

Need to submit an article? *If you need to announce anything in the Order of Service, The Weekly UUpdate, The Monthly Connections, or the UUFN Website just go to <http://UUFN.org/willa> and fill out the form. There's even a space to upload an image!*

There will not be a Connections newsletter in July or August.