



Unitarian Universalist Fellowship of Newark

A community of spiritual seekers inspired to promote a just and compassionate world

UUpdate February 7, 2020

The Week Ahead

Sunday, February 9

9:15am UUFN Bistro (OB) 9:15-10:15am

10:30am Worship & Religious Education

11:30am 2nd Sunday Potluck & Friendship day

Monday, February 10

7:00pm Yoga with Dona Zingaro (W) 7-8pm

Tuesday, February 11

10:00am Treasurer & Bookkeeper Office Hour (office) 10-11am

1:00pm Helping Hand Committee Meeting (OB) 1-2:30pm

6:30pm Women's Spirituality Group (OB) 6:30-9:00pm

Wednesday, February 12

9:00am Panera Coffee Group

1:30pm Pastoral Care Committee Meeting (B) 1:30-3:30pm

3:30pm Outrageous OWLS (OB) 3:30-5:30pm

6:30pm Zen Meditation (TP) 6:30-8:15p

6:45pm Board Meeting (B) 6:45-9 pm

7:00pm 2nd Weds Chalice Circle (OB)

Thursday, February 13

6:45pm Choir Practice (M) 6:45-7:45pm

Sunday, February 16

9:15am UUFN Bistro (OB) 9:15-10:15am

10:30am Worship & Religious Education

12:00pm Ethnic Heritage Event Planning (OB) 12-12:30pm

Learn more at <http://uufn.org/calendar/>!

Starting on February 13th, the UUFN choir will practice from **6:45 PM to 7:45 PM** on Thursday nights. Newcomers to the choir welcome and encouraged! Come sing with us!

[Upcoming Services](#)

[Feb 9 Imbolc: Ancient Celebration – Modern Spirituality](#)

[Bev LaRock, Karoline Wileczek, Nancy Plummer](#)

In the western tradition, Imbolc and Candlemas are observed on February 1st and 2nd and are often used interchangeably. This earth-based festival is one of the cross-quarter celebrations falling halfway between the Winter Solstice and the Spring Equinox. We will light Bridget's fire to waken

Mother Earth and our own inner stirrings.

[Feb 16 Our Religious Pluralism](#)

[Gary Jackoway](#)

Unitarian Universalism is a creedless denomination, meaning each of us finds our own way, our own truth. And we learn from each others' experiences. In this service, we will hear from three of our members about their unique spiritual journeys.

Month of February [Share the plate](#)

[NAACP of Newark DE](#)

The mission of [NAACP of Newark DE](#) is to ensure the political, educational, social and economic equality of all persons and to eliminate race based discrimination.

Labyrinth Team Helpers!

Walking the labyrinth is a lovely way to relax, meditate and find peace. Would you like to help? Being a member of the Labyrinth Guild means that you are willing to help set up, host and/or take down the UUFN Labyrinth at least once per year. Contact Karen Barker or email labyrinth@uufn.org for more information or to join the Labyrinth Guild.

New member for Leadership Development Committee Needed The Leadership Development Committee is looking for a new member. It's a two year term beginning in July to develop, assist, and recruit leaders for our congregation. Join Jeff Ramberg, Deb Morris, Karen Barker, and Ingrid Landers Anderson in furthering this process. We meet once a month. Contact Deb Morris at 443-907-2246 or morrisd@udel.edu.

Looking Ahead

**Lunch Bunch February 18 (3rd Tuesday)
12:30 pm**

Blue Crab Grill on S. Main St.
Contact Barbara Jezl for reservations and information about ride sharing



Open Chalice Circle - Mon. Feb. 24 7-9pm - “Resilience”
Chalice Circles are a great way to foster spiritual growth as well as an opportunity to get to know people at a very deep level in a very short period of time. All circles run under a covenant that includes confidentiality, uninterrupted listening and respect for all points of view. If you did not sign up for a Chalice Circle this year but are interested in attending one on an either regular or irregular basis, please consider attending an Open Chalice Circle. To RSVP, please email chalicecircles@uufn.org and you will be sent the materials for that month’s theme. You are also welcome to come without RSVP-ing, but in that case, please be sure to be on time. All circles meet Monday evenings from 7 to 9.

The dates and themes for 2020 Chalice Circles are:

<u>Date</u>	<u>Theme</u>	<u>Date</u>	<u>Theme</u>
February 24	Resilience	April 27	Liberation
		May 18	Threshold

Mark Your Calendar!

Happy February - and Second Sunday Potluck week! This Sunday's Imbolc Service will be a great topic for conversation as we join each other for sharing our bounty and thoughts of the coming spring. So bring a dish and join in fellowship after our service.

Speaking of spring - see the list below of upcoming meetings for the remainder of the church year. Put these dates on your calendars!

March 8th - Lay Leaders Council meeting - inform yourself about what's new and upcoming with committees and teams at the UUFN - all are welcome!

March 19th - Pledge-Palooza - come celebrate our financial support of the UUFN with a fun-filled evening!

May 17th - Spring Congregational Meeting - exercise your rights and fulfill your responsibility to vote on budget and new board positions at this important meeting.

Contact Programs@UUFN.org for more information!

Rachael Coffey

Program Coordinator

Stop the Bleed

The **Safety Committee** is sponsoring, hands-on educational programs, on Stop-the-Bleed, presented by a member of the Delaware Medical Reserve Corp on **Thursday evening, 6 p.m.**

on April 2nd, and Saturday, April 4th at 9 a.m.

Each program is two hours long, with food provided at each event starting 30 minutes prior to each presentation.

The program is a national effort, initiated by the U.S.

Department of Homeland Security, to prepare lay persons to provide assistance to those having bleeding crises until first responders arrive. Please save a date on your calendar, should you wish to attend. A sign-up sheet will be collected in March after service, to enable the Safety Committee to plan

appropriately. Barbara Ward spotward89@comcast.net (302) 367-5768

Religious Education Notes

Young Adult Meeting Feb 12th Come share pizza and fellowship and find out what's going on with our Young Adult Group on Wednesday, Feb 12th. We'll meet in Walden Lounge at 6:30 on Wednesday February 12th. 18-35

Friendship Sunday Feb 9

Looking for some enthusiastic adults to join us during the potluck on **February 9th** for Friendship Sunday. During this event, we plan to use a simple detective game to pair our RE children with new adult "friends" in the fellowship. This is a re-imagining of the Mystery Friends that some of you may remember from the past. After the children and their parents are matched with their new friends you may take your lunch to a specially identified table to eat, talk, work on a craft and share a special dessert. Please contact Andrea 302-994-4741 or dre@uufn.org to express interest and availability. There will be an opportunity to join spontaneously on the day of, but we need to plan for supplies so please let us know if you are interested and available.

Polaroid camera to lend for Feb 9 ?

Looking for a polaroid or similar camera to borrow on **February 9th**. Needs to be the bigger size pictures around 3 x 4 inches. We will pay for the film. Call Andrea 302-994-4741 or email dre@uufn.org.

Property Committee

Help Wanted

While there have been two congregational gatherings to address the needs of the fellowship, there are still several items to be done. Is there one that you can do or help with? If so, please email property@uufn.org with your info and Property will contact you.

- 1) Shampoo carpets in various areas
 - 2) Mackinnon Kitchen stripped & polished
 - 3) Recarpeting & replacing vinyl planking
 - 4) Replace 1 pathway light near Fellowship Hall
- (Scope of work, tools & schedule to be discussed via email or direct communication)

Property is also seeking a volunteer willing to assist with documenting, filing board reports and taking Property meeting minutes (available Wednesday nights, bi-monthly). Please reach out; we would be happy to hear from you. property@uufn.org

UUA General Assembly 2020

UUA GA Providence, RI | June 24-28, 2020

General Assembly (GA) is an unforgettable experience for thousands of Unitarian Universalists and partners, who leave with a renewed sense of energy, inspiration, and innovative ideas to take back to their congregations and communities. GA is powerful, because of the ways we connect with each other and

share our values. There we will worship, learn, witness, and make decisions together.

Registration is now open at uua.org/ga. Full-time registration is now \$400 for adults, \$240 for high school youth, and \$150 for off-site registrants. Register by March 15 for the lowest rate. Rates will increase on March 16 and again on May 1.

The UUA is committed to the goal of making GA accessible to as many attendees as possible. Go to uua.org/ga to learn about scholarships to support participation, particularly of those from marginalized groups and volunteer opportunities (work in exchange for registration).

Pre-General Assembly Timeline:

Date	Time	Action/event
Friday, November 01, 2019		GA Registration opens
Saturday, February 01, 2020	5:00 PM	Congregatiton certification closes
Saturday, February 29, 2020		Early-bird payment due
Monday, March 02, 2020	9:00 AM	Housing applications open
Monday, March 02, 2020		Scholarship applications open
Monday, March 02, 2020		Volunteer applications open
Sunday, March 15, 2020		Early-bird registration closes (\$400/adult)
Monday, March 16, 2020		Early registration opens (\$500/adult)
Tuesday, March 31, 2020		Scholarship applications close
Tuesday, March 31, 2020		Volunteer applications close
Saturday, April 25, 2020		Scholarship application notifications mailed
Saturday, April 25, 2020		Volunteer application notifications mailed
Thursday, April 30, 2020		Early registration closes
Friday, May 01, 2020		Registration opens (\$525/adult)
Wednesday, June 24, 2020	12:00 PM	Congregations begin gathering