



Unitarian Universalist Fellowship of Newark

A community of spiritual seekers inspired to promote a just and compassionate world

UUpdate January 17, 2020

The Week Ahead

Friday, January 17

7:15pm Book Bums (Off Site)

Saturday, January 18

9:30am DE Women's March (ENTIRE CAMPUS) 9:30-12:00pm

Sunday, January 19

9:15am UUFN Bistro (OB) 9:15-10:15am

10:30am Worship & Religious Education

12:00pm Medical Aid in Dying Discussion Forum (F) 12-1:30pm

Monday, January 20

7:00pm Yoga with Dona Zingaro (W) 7-8pm

Tuesday, January 21

10:00am Treasurer & Bookkeeper Office Hour (office) 10-11am

12:30pm UUFN Lunch Bunch (offsite)

6:00pm Ukulele Group (OB) 6-7:30pm

Wednesday, January 22

9:00am Panera Coffee Group

5:00pm Property Committee meeting (B)

6:30pm Zen Meditation (TP) 6:30-8:15p

Thursday, January 23

9:00am Hope Dining Room(offsite)9-1p

Friday, January 24

1:00pm 4th Friday Chalice Circle (OB) 1-3pm

6:00pm 4th Friday Game Night (M-as available) 6-9pm

7:00pm 2nd Weds*rescheduled* Chalice Circle (OB)

Sunday, January 26

9:15am UUFN Bistro (OB) 9:15-10:15am

10:30am Worship & Religious Education

11:45am Social Justice Committee Mtg (OB) 11:45-12:45am

12:00pm **Winter Congregational Mtg (M) 12pm-1:30pm**

7:30pm [Womansing \(OB\)](#) 7:30-9:00pm

Monday, January 27

7:00pm [Open Chalice Circle \(OB\)](#) 7-9pm

7:00pm [Yoga with Dona Zingaro \(W\)](#) 7-8pm

Learn more at <http://uufn.org/calendar/>!

Upcoming Service

January 19 ~ “Dying for Help”

Paul Baumbach

Death with Dignity, Medical Aid in Dying (MAID), End of Life Options laws—there are many phrases used to describe policies which permit terminally-ill persons to work with their physicians to obtain medication to ‘write their final chapter,’ to have

autonomy in their final day.

Fully distinct from euthanasia, MAID is a process driven by the dying person themselves, empowering those whose worldview opposes this path to follow the traditional path in which the disease dictates the final days. But critically, MAID provides a legal path for the dying person and their willing physician to provide a humane, comfortable path at the end of their life.

Such policy proposals reveal societal rifts, within the disability community, within the medical community, and within the faith community. In this service, we will primarily focus on the issues raised in the faith community, and the intersection between society’s faiths and society’s governance.

Medical Aid in Dying—a discussion about end of life policies, Sunday, Jan. 19, 11:45 am

Paul Baumbach invites you to continue the conversation about the service he is giving January 19 on Respect for the

Dying. Medical Aid in Dying offers a legal path for dying persons and their willing physician to provide a humane, comfortable path at the end of their life. Learn more about this issue that creates so much controversy within the disability, medical, and faith communities, and the intersection between our society's faith and its governance.

Share the Plate - JANUARY

AtTAcK addiction's mission is to raise awareness about the disease of addiction through educating communities, assisting families in their quest for information and supporting those in recovery. AtTAcK addiction seeks to remove the stigma of addiction by effecting positive change in DE.

Winter Congregational Meeting

Sunday January 26, 12-1:30pm.

This is a great opportunity for you to be informed and engaged in the life of our Fellowship. A light lunch will be provided (pizza and salad), and you are welcome to bring a dessert to share!

Childcare CAN be available, but you MUST RSVP by January 19 (dre@uufn.org or 302-368-2984).

Imbolc: Ancient Celebration – Modern Spirituality

In the western tradition, Imbolc and Candlemas are observed on February 1st and 2nd and are often used interchangeably. This earth-based festival is one of the cross-quarter celebrations falling halfway between the Winter Solstice and the Spring Equinox. We will light Bridget's fire to waken Mother Earth and our own inner stirrings.

New member for Leadership Development Committee

Needed The Leadership Development Committee is looking for a new member. It's a two year term beginning in July to develop, assist, and recruit leaders for our congregation. Join Jeff Ramberg, Deb Morris, Karen Barker, and Ingrid Landers Anderson in furthering this process. We meet once a month.

Contact Deb Morris at 443-907-2246 or morrisd@udel.edu.

Request for Budget Submissions

Please make January your team/committee financial planning month. Consider your team/committee plans for congregational year 2020-2021 and what money you will need to accomplish your goals. Provide your budget to the treasurer at treasurer@u-ufn.org by the end of January. Your input will be compiled into the goal for the Stewardship campaign in March and then the proposed budget, which will be presented for approval at the Annual Meeting in May.

Looking Ahead

Building Your Own Theology

This six-session class (2/23, 3/8, 3/22, 4/12, 4/26 & 5/10) will explore the five big questions everyone needs to answer: What does it mean to be human? How do I know what I know? Who or What is in charge? What is my purpose in life? and What does my death mean?

Sign-up table available during Coffee Hour, January 26, Feb 2, or Feb 9. There will be a pre-course assignment, and you will need time ahead to prepare it before the first session. Limited to 8 participants. (Two are already signed up!)

The Lunch Bunch In January
January 21, 2020 (3rd Tuesday!)
12:30 PM. at

Caffe Gelato on Main Street Newark
For reservations and information on
ride sharing contact Barbara Jezl.
UUFN



Lunch Bunch in February

Blue Crab Grill on S. Main St.

February 18 (3rd Tuesday) 12:30 pm

Contact Barbara Jezl for reservations and information about ride sharing

Open Chalice Circle, Mon. Jan. 27, 7-9pm - “Integrity”

Chalice Circles are a great way to foster spiritual growth as well as an opportunity to get to know people at a very deep level in a very short period of time. All circles run under a covenant that includes confidentiality, uninterrupted listening and respect for all points of view. If you did not sign up for a Chalice Circle this year but are interested in attending one on an either regular or irregular basis, please consider attending an Open Chalice Circle. To RSVP, please send mail to chalicecircles@uufn.org and you will be sent the materials for that month's theme. You are also welcome to come without RSVP-ing, but in that case, please be sure to be on time. All circles meet Monday evenings from 7 to 9.

The dates and themes for 2020 are:

<u>Date</u>	<u>Theme</u>	<u>Date</u>	<u>Theme</u>
January, 27	Integrity	April 27	Liberation
February 24	Resilience	May 18	Threshold
March 23	Wisdom	June 15	Play

SOCIAL JUSTICE NEWS

2020 Delaware Women's March. In spite of the weather forecasts, we will not be deterred from gathering to support Women and Voting Rights for All! If it is raining or snowing, we will rally indoors and forego marching. We will still have our info tables and speakers, so please join us rain, snow, or shine! Obviously, if a heavy snowstorm hits us, we will cancel in the interest of everyone's safety. We will be watching the forecasts closely, so please check our social media posts as we get closer to the event. We will also send out an email to everyone who registered for the event on **the Eventbrite page!** So please do register!



2020 Delaware Women's March

Our vote, our voice.

*Celebrating 100 years of
suffrage*

Saturday, Jan. 18, 2020

9:00 am-noon

Unitarian Universalist

Fellowship of Newark

420 Willa Road

Newark, Delaware

SPEAKERS INCLUDE...

U.S. Rep. Lisa Blunt Rochester

Lt. Gov. Bethany Hall-Long

Attorney Gen. Kathy Jennings

NCC Executive Matt Meyer

**For a complete roster of
speakers and details of
the event, visit our
[Facebook page](#)**

*... and many other elected officials,
community activists, and
advocates for women's rights*

Celebrate Dr. Martin Luther King Jr. this weekend.

UUFN is partnering with the Newark NAACP, the Newark United Church of Christ, St. John's UAME Church, and other local faith and community groups to present a meaningful series of events in honor of Dr. King's birthday:

- Saturday, January 18 – MLK Community Service Project at Hope Dining Room, 1:00 pm. For information call 302-690-4239.
- Sunday, January 19, 3 pm – MLK Community Interfaith Worship Celebration, 3 PM, Calvary Baptist Church, 215 E. Delaware Ave., Newark. *Food contributions needed for reception afterward—please contact Karen Barker at socialjustice@uufn.org if you're able to bring something.*
- Monday, January 20, MLK Community Day of Service, 10 am-3 pm, Food Distribution at George Wilson Center, 303 New London Rd., Newark. For more information, call 302-530-7422

Global Day of Protest for Peace in Iran, Saturday, Jan. 25, 3-5 PM, UUFN. Erika Gutierrez is organizing this event and invites us to join local elected officials, activists, and performing artists to rally for peace in Iran, in the world, in Delaware. More details are forthcoming.

Take the Survey on issues facing Delaware women—the Office of Women's Advancement & Advocacy, DHR has launched a year-long research project called Delaware Women's Voices. The results will be compiled into a public report that will help identify important issues in Delaware that impact women's lives. You can find the survey at this link: <https://docs.google.com/forms/d/e/1FAIpQLSch20HrXD013CQa2mvQtdeB4xHzwNVS5ikY9j6h3mnhnOLlvg/viewform>

Want to become involved in UUFN's social justice programs? Come to our meetings every fourth Sunday,

11:45 am in the Olympia Brown Room.

Religious Education Notes

Greta's Friends Curriculum

One of the things I enjoy most about our congregation is the sense of community. I feel at home here. I have met some of my best friends and can always find a sympathetic and supportive ear. In the spirit of developing an even deeper community that reaches across all age levels the RE Team is looking to develop and support cross-generational activities. One of these that has started off with a bang is the Greta's Friends Curriculum. Over the course of two meetings on January 5th close to 30 people participated in this event. The **next one is scheduled for February 2nd** during RE Class and afterward. All are invited to attend one or both gatherings even if you missed the first one. This will be a monthly activity culminating in a big outdoor event and picnic in conjunction with U of D students on Saturday, May 2nd from 9am – noon. Please contact Karen Barker with any questions.

Polaroid camera to lend?

Looking for a polaroid or similar camera to borrow on **February 9th**. Needs to be the bigger size pictures around 3 x 4 inches. We will pay for the film. Call Andrea 302-994-4741 or email dre@uufn.org

Grants approved by Endowment Committee

The UUFN Endowment Committee is happy to announce the approval of funds for seven grant applications submitted in November. Because moneys available were less than the total of all grant requests, some requests could not be fully funded, but all applications were approved. Grants were approved for the following committees: Religious Education, Communications, Property, and Long Range Planning

Property Committee – Help Wanted

While there have been two congregational gatherings to address the needs of the fellowship, there are still several items to be done. Is there one that you can do or help with? If so, please email property@uufn.org with your info and Property will contact you.

- 1) Shampoo carpets in various areas
 - 2) Mackinnon Kitchen stripped & polished
 - 3) Recarpeting & replacing vinyl planking
 - 4) Replace 1 pathway light near Fellowship Hall
- (Scope of work, tools & schedule to be discussed via email or direct communication)

Property is also seeking a volunteer willing to assist with documenting, filling board reports and taking meeting minutes (available Wednesday nights, bi-monthly). Please reach out; we would be happy to hear from you.

2/3

11th Annual Chili Cook-Off – February 1, 2020

Mark your calendar! February 1st the Landscape Committee will sponsor the 11th Annual UUFN “Chili Challenge” Chili Cook-Off, with awards for CHILI, CORNBREAD and DESSERT! Come to COMPETE, come to TASTE THE VARIETY, help judge the entries and PICK THE WINNERS. Come to ENJOY the FOOD & FELLOWSHIP and see who will win the ultimate honor of taking home the FABULOUS UUFN CHILI BOWL TROPHY this year.

Look for more event details and SIGN UP at the Chili Cook-Off table during coffee hour. Contact Steve Bush at Chilibush@comcast.net or email_landscape@uufn.org to enter your chili, cornbread or dessert, or talk to any member of the Landscape Committee for more information.

Conflict Transformation in Congregations Workshop

March 7, 2020 As part of our Long-Range Action Plan, the Long Range Action team has as one of our goals to provide training in compassionate communication and conflict resolution so that we improve our skills and ability to support each other and maintain a safe space for all, even in difficult situations. To that end the LRP is hoping to recruit several members to attend workshop on “Conflict Transformation in Congregations” on March 7, 2020 in Silver Spring MD being sponsored by the Central East Region (CER).

As described by CER – “Conflict in congregations can be distressing and divisive, and people often want to avoid it at all costs. But what if conflict was actually something that could be healthy and beneficial? Rather than seeing conflict as something to be “resolved” or “managed,” what if we understood conflict to be an opportunity for mutual learning and deepening relationships?”