

Spontaneity!

Join your UUFN women friends for a day of relaxing and connecting!

Sunday, Jan. 21, 2018

Location - 5-10 minutes drive north of UUFN, a generous member's home

Cost for the whole day including two meals - \$30

Register and Pay December 24, 31, January 7th or 14th at coffee hour - we need to know how much food to order!

9:30 - arrivals, coffee and tea

10:00 - opening circle

10:30-noon - morning workshop choices:

Aromatherapy - explore and experience the amazing properties and potential of scents

SoulCollage®— cutting and pasting for self-discovery - Explore, discover, and express your unique self by making collage cards that represent various aspects of your unique soul in its lightness as well as its shadow.

12:30-1:30 – lunch provided

2-3:30 - afternoon workshop choices:

Create a personal chalice - Please bring any crafty supplies, nature items that you might like to use or share. Materials to make the chalices will be provided. \$5 fee.

A woman's vision: 3 keys to accelerating results you absolutely love in your life.

3:30-4:00 – A breath of fresh air – build fairy houses, look for signs of animal and plant life in winter

4:00-5:30 - womansing with libations (BYOB)

5:30-6 - closing circle

6-7 - dinner catered by Olive Tree Café – It doesn't get any better than this!!!

We will keep our eyes on the skies and if the weather is snowy or icy, we'll cancel or postpone. We encourage folks to carpool for parking.

MAXIMUM REGISTRATION = 40

Name _____

Email _____

Morning Workshop
Choice _____

Afternoon Workshop
Choice _____

Dietary Restrictions (we'll do our
best) _____

By Mail:

Registrations may also be mailed by post to:

UUFN Women's Retreat
420 Willa Road
Newark, DE 19711

Checks should be made payable to UUFN with the words :

January 2018 Womens Retreat in the memo line.

Please make sure we have them by January 14, 2018

You will receive email confirmation that we have received it.